

Assignment: Past Interpersonal Mush Experience and Prioritized Action Plan

Learning Outcomes

After understanding the definition of Interpersonal Mush and its impact on organizations, you are asked to:

- Reflect on your past experience with Interpersonal Mush,
- Identify the impact it has had on your relationships and career,
- Create a prioritized action plan to refer to (and refine) throughout the course to gain as much benefit as you can from the course experience.

Instructions

As you progress through the first 3 chapters of *Clear Leadership* and practice journaling/reflection, describe the 3 most compelling experiences you have had in the past with Interpersonal Mush, then summarize, prioritize, and list the key challenges you have faced, identifying the impact on your relationships and career.

From this, develop an initial prioritized action plan of what to focus on throughout this course to reduce or resolve the impacts you have experienced:

- Identify specific challenges you are attempting to address (suggest top 3)
- Describe specific practices to try, and approaches for collaboration that you can leverage in the context of this course (reflections, engaged discussions, group collaboration, etc.) and outside this course (possible peer collaboration, additional reading/research, etc.).
- Express clear, measurable outcomes you expect to achieve when this prioritized action plan is successful.
- Refer to Action Plan Template

Requirements

- 800-1000 words not including the template word count (500 words)
- When citing any material that is not your own opinion or experience follow [SFU citation and style guide for APA](#)
- Upload a file (.docx or pdf preferred so comments can be made directly)
- Before the due date indicated on the syllabus
- Upload your assignment on Canvas
- Name your file using the following format: first initial, last name, assignment number (J_Belinda_Assignment1)

Evaluation

This assignment represents 20% of final mark for this course.

Criteria	Points
The description is comprehensive, insightful and clearly describes 3 compelling personal experiences with Interpersonal Mush. Demonstrates a comprehensive and accurate understanding of the concept of Interpersonal Mush. <i>Answer falls within the prescribed word count (800-1000 words).</i>	4
The summary and prioritization are thorough and insightful, and the 3 key challenges are clearly identified with detailed explanations of their impact on relationships and career. Provide clear alignment with how you can use the course to build skills to address these challenges.	3

The prioritized action plan is comprehensive, clearly identifies the top 3 challenges, and outlines specific practices and approaches for collaboration in the course and outside of it. Measurable outcomes are expressed clearly and are ambitious but achievable.	3
Creates a specific goal and prioritized action plan with detailed steps and clear structure to improve your competency: desired outcomes, actions, supporting resources required, potential barriers, evidence for success, and your tracking and evaluation process.	6
Demonstrates excellent critical thinking skills in analysing past experiences and developing a prioritized action plan to address challenges. The prioritized action plan shows how the concepts enhanced or changed your perspective, includes other options. You can assess your own learning and actively examine your own processes for solving problems.	4